

A young girl with blonde hair tied back, wearing a white collared shirt, is smiling broadly at the camera. In the background, two other students in yellow shirts are visible, one looking towards the girl and the other smiling. The setting appears to be a school hallway or classroom.

Good teachers
help students
master the subject.

Great teachers
help students
master themselves.

Building Resilience in Children, Optimistic Kids Professional Development Course 2011

**Proudly presented by Optimistic Kids and
Prince Alfred College**

Become accredited to teach Positive Education in your school with Optimistic Kids founder, Mr Simon Andrews, Psychologist. Mr Andrews has been running resilience programs for students since 2001 and has used Adelaide students in 2010 to develop a program to meet the needs of today's students. The program enables students, in Years 4-8, to develop the psychological flexibility and emotional resilience to "rescue themselves" when faced with life's challenges, as well as building and developing their personal strengths.

Dates: 9-10 June 2011
Venue: Prince Alfred College, Dequetteville Tce,
Kent Town, South Australia
Trainer: Simon Andrews, Psychologist
Cost: \$715.00 including GST. Early bird special \$660
including GST if registered before March 30 2011

To register, contact Fiona at 08 8264 2311 or email
fiona@optimistickids.com.au at the earliest.

Mr Simon Andrews is the Principal Psychologist at Optimistic Kids and North Eastern Psychological Services. He has been a Member of the Australian Practitioners' Advisory Board of the 1st and 2nd Australian Positive Psychology and Well-Being Conferences in 2008 and 2010.

He is a Fellow of the Institute of Private Practicing Psychologists (IPPP), a Member of the Clinical College of the Australian Psychological Society (APS), and the Australian Society of Hypnosis (ASH). He is also a Guest Lecturer at the University of South Australia, School of Psychology.

Please feel free to pass this invite on to any colleagues who may be interested. Group size limited to 24. If numbers warrant another session will be scheduled. This training will go ahead regardless of numbers.

We have been delighted with the input of Simon Andrews and Optimistic Kids to our personal development program. Their positive psychology focus and emphasis on building resilience amongst youth has been invaluable. Simon's presentations are engaging, relevant and stimulating and provide a range of invaluable skills for both students and staff.

Steve Clohesy, Director of Student Life, Prince Alfred College Adelaide, South Australia



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